

FILL YOUR DAY WITH ADVENTURE.

FILL YOUR BODY WITH

NUTRIENTS.

INTRODUCING OUR NEW SMOOTHIE MENU



THE RESORT AT
PAWS UP



A REFRESHING WAY TO
POWER UP

AT PAWS UP

smoothie menu

**THE BUFFALO
BREKKI**



Almond Milk, Spinach,
Banana, Walnuts, Pecans,
Pea Protein, Maca,
Iron-Rich Dates, Arginine and
Branched-Chain Amino Acids



*Improves stamina, heart health
and muscle strength*

**THE SIMPLE
LIFE**



Almond Milk,
Banana, Strawberries,
Shaved Coconut,
Vanilla Whey Protein



*Contains amino acids
for help gaining
strength and muscle tone*

**SUPERCHARGED
SUNRISE**



Banana, Pineapple,
Sunflower Seeds,
Bee Pollen,
Baobab Powder



*Full of vitamins,
minerals and
antioxidants*

And more smoothies are coming. Look for an expanded menu during your next visit.

